





COOK + CONNECT





Martin Gardiner joined Blue Mountains Food Services only a few weeks ago, taking over from Fran O'Leary who left late last year. The Board spent considerable time searching for the right person to take over the role of General Manager. Martin comes to the organisation with significant experience in both commercial & not for profit organisations. His last role was Chief Operating Officer for ParaQuad NSW & BrightSky Australia. Martin brings considerable experience in improving organisations' finances & business operations. His experience is far reaching, with exposure to strategy development, operating systems, finance, human resources, IT & commercial operations, to name a few.

Reflecting on his appointment Martin said, 'I am honoured & excited to be selected by the Board to lead this wonderful organisation. I have been made thoroughly welcome in the short time I have been here & can feel the enthusiasm the team have for the clients we serve. I look forward to meeting more of the wonderful volunteers & clients who we support".

Martin has been a Mountain's resident for over 30 years & is married with two grown up children.

Our men's cooking group is a fun and safe environment where older men can develop their cooking and food preparation skills.

- 10 x four hour sessions
- Thursday 9:30 1:3025th July 26th September
- Ben Roberts Café, Lawson
- \$10 per session



FROZEN MENU CHANGE

Due to a supplier issue, we will soon be discontinuing the Blueberry Friands and Lemon Cream Tart snack packs from our frozen meal menu.

We apologise for the inconvenience. We have limited stocks of both so please continue ordering until you no longer see these items on the menu,





You can't miss us anymore! With the new signage on our delivery van thank you to Bendigo Bank for making this happen. And our new work vehicles collected last week from Sinclair Hyundai, Penrith. If you see us out & about, make sure you wave!



Last month, during National Volunteers
Week, we said a very big thank you to all of our
volunteers for everything they do in allowing us to
provide services to you! Some of our very own chefs & Cook
+ Connect participants catered for the event, which was held
at the Mid Mountains Neighbourhood Centre. And a great
day was had by all! Sadly, the event was the last for our
much loved Volunteer Coordinator Celia Lotus (left),
who has moved on to pursue her life's passion at FACS.



























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