



# Client Newsletter



  
**EXCITING**  
 → **NEW** ←  
**MENU**  
**COMING SOON!**  
*Watch This Space*  


The last six months have thrown a lot at us - increased demand for meals due to COVID-19, increased prices from suppliers due to ingredient shortages & a freezer breakdown, where we lost our entire stock of meals, highlighting the importance of flexible & reliable suppliers to meet urgent demands!

This year's annual menu review was a tough one. While we know many of you have favourite meals that you order religiously, we have had to say goodbye to two of our long-term suppliers (Flagstaff & Gourmania), which means some of these favourites will no longer be available.

But on the flip-side of this, we have taken on two new suppliers - Fairfield Food Services & The Good Meal Co (who you may remember from years gone by). Both of these local suppliers bring with them an exciting range of meals at competitive prices, which means we have some great new options to offer you, with only minimal increases to our menu prices where necessary. Here is a sneak peak...



Chicken kiev



Pork vindaloo



Spring vegetable risotto



Creamy chicken w/herbs



Meatballs w/mushroom sauce



Beef kebabs



Chicken cacciatore



Malaysian beef rendang



Tuna mornay w/pasta



Irish lamb stew



Cream of mushroom soup



Hearty meatball & tomato soup

And there will be many more new items for you to choose from, including some exciting new fresh offerings from our very own Ben Roberts Café. More details on the new menu will follow very soon!



## Vale Yvonne McCready

We were sad to hear of the passing of our much-loved client Yvonne McCready. Yvonne was a regular attendee at our Blackheath & Katoomba community restaurants over the years. And she spent many hours with our Social Support volunteer Helen Proudfoot (both pictured left).

Yvonne once said, 'I can't see well enough to read or write any more. Helen has spent hours typing up one of my journals – a collection of quotes from books, poems and memories. We are now thinking about her helping me write a proper memoir. It's important for me to share family history with my children and grandchildren.'

## We're open!

We are so happy to say that our second attempt at re-opening our community restaurants has gone to plan. And while things are looking a little different - staggered sittings, restricted numbers & social distancing - all reports indicate that it has been a success.

If you'd like to book in to one of our restaurants (Blaxland, Springwood, Lawson, Katoomba or Blackheath) please call the office on (02) 4759 2811.



## Last month's answers

- Buffoon **CLOWN**
- Band of stage performers **TROUPE**
- Aerial apparatus **TRAPEZE**
- One-wheeled transport **UNICYCLE**
- Attention-grabbing diversion **SIDESHOW**
- Look for attention **GRANDSTAND**
- Campsite canopy **TENT**

## PUZZLER!

All you need to do is solve the 7 clues by matching together the tiles on the right to make *7 Little Words!* Remember you can only use each tile once.

**Good luck!**

FE	CH	IC	KI
REE	RAP	GAS	NG
RNE	SC	RIF	TRO
RS	YED	PED	DIF
NOME	HOR	ENW	JOU

## Clues...

- Food connoisseur (10 letters)
- Skid sound (7 letters)
- Mattress size (4 letters)
- Disagrees (7 letters)
- Took a trip (9 letters)
- Frighteningly bad (8 letters)
- Covered up (9 letters)

Answers in next month's newsletter!



**Blue Mountains Food Services**  
*Supporting our community*

[www.bmfs.org.au](http://www.bmfs.org.au)

(02) 4759 2811

[admin@bmfs.org.au](mailto:admin@bmfs.org.au)

25 Livingstone Street, Lawson NSW 2783 | PO Box 214 Hazelbrook NSW 2779 | ABN: 91 530 248 271

This Service is funded by the Commonwealth Government